



The Maryland/DC Association for Play Therapy presents:

The Impact of Childhood Trauma on Normal Development: The Use of Play Therapy to Promote and Enhance Growth and Resiliency

Eliana Gil Ph.D.

Saturday, December 11, 2010 9:00 am - 4:30 pm

The Universities at Shady Grove (Building II, Multipurpose Room)

9630 Gudelsky Drive Rockville, MD 20850

About the Workshop:

This workshop will present relevant information on the impact of various types of interpersonal, complex trauma on normative development. Specifically, the child's identity, self-esteem, biological, sexual, social, and emotional growth will be viewed through the lens of traumatic impact. In addition to children's adverse experiences, the presence of mediating factors will also be addressed with an emphasis on the presence of attuned and empathic care giving, systems of safe response, and personal traits of resiliency. Play therapy will be highlighted as a method for both assessing children's functioning as well as affording children opportunities for self-reparation. An integrative approach will highlight the incorporation of play therapy strategies with other recognized approaches such as CBT. Case examples of play, art, and sand therapy approaches will be provided.



Participants will be able to:

- ❖ Apply state of the art research findings on children's post-trauma functioning to understanding and working with the common consequences of trauma on child development, including dissociation and PTSD;
- ❖ Identify consensus area for treatment of childhood trauma, particularly interpersonal complex trauma, and describe rationale for the use of play therapy to treat childhood trauma;
- ❖ Utilize an integrative, developmentally-sensitive trauma treatment model, including how to use play therapy techniques in assessment and treatment;
- ❖ Incorporate evidence-based research findings practice into clinical practice utilizing play therapy.

About the Presenter:

Dr. Eliana Gil is a well-known lecturer, author, and clinician working extensively in the field of child abuse prevention and treatment for the last thirty-seven years. She has directed two child sexual abuse treatment programs in Northern Virginia and currently serves as the Clinical and Educational Specialist with Childhelp Children's Center of Virginia. Dr. Gil maintains a group private practice, The Gil Center for Healing and Play in Fairfax, Virginia, specializing in the treatment of traumatized children and their families providing mental health services for a variety of emotional, behavioral, and social problems. Dr. Gil consults and trains locally and across the country, is an adjunct faculty member at Virginia Tech's Family Therapy Department, and conducts intensive trainings through *Starbright Training Institute for Child and Family Play Therapy* in Northern Virginia. She is a Registered Play Therapy Supervisor, Registered Art Therapist, and a licensed Marriage, Family, Child Counselor. She is a former President of the Association for Play Therapy, has served on the Board of Directors of the American Professional Society on the Abuse of Children, and the National Resource Center on Child Sexual Abuse. She has written extensively on child abuse and related topics; her most recent publications include: *Helping Abused and Traumatized Children: Integrating Directive and Nondirective Approaches* and *Helping Children Heal from Interpersonal Trauma: The Power of Play*. Dr. Gil is bilingual and bicultural, originally from Guayaquil, Ecuador. Eliana has three grandchildren under the age of three.



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REGISTRATION FORM

FEE: \$125 (non-APT members) \$100 (APT members) \$75 (students)

Fee includes 6 CE credits and continental breakfast!

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Employer/University: _____

Phone #: _____ **Email:** _____

TYPE OF CE Credits: ___ **Play Therapy** ___ **Social Work** ___ **Counseling** ___ **Psychology**

CONTINUING EDUCATION: This activity is being co-sponsored by IDEALS/National Institute of Relationship Enhancement (NIRE) and the MD/DC Association for Play Therapy. IDEALS/National Institute of Relationship Enhancement is approved by the American Psychological Association to offer continuing education for psychologists; NIRE maintains responsibility for the program and its content. The National Institute of Relationship Enhancement (NIRE) has been approved by the Maryland State Board of Social Work Examiners to sponsor Category I continuing education programs. The National Institute of Relationship Enhancement (NIRE) is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. NBCC Provider #: NIRE 5560 IDEALS/NIRE is approved by the Association for Play Therapy to offer continuing education specific to play therapy. APT Approved Provider 95-009. IDEALS/NIRE maintains responsibility for this program.

MAIL Registration Form & check made payable to:

MD/DC Association for Play Therapy, c/o Florence Augustin, P.O. Box 4283, Silver Spring, MD 20914

*** OR ***

FAX to: 301-881-8043 Attn: Bill McNulty

Registration Deadline: December 3, 2010

Directions from Washington, DC and points south: Take I-95/495 N toward Baltimore/Silver Spring; Merge onto I-495 toward Silver Spring and follow to I-270 N; Take the MD-28 W, exit 6B, towards Darnestown; Merge onto W. Montgomery Ave./MD-28 W; Turn LEFT onto Darnestown Rd; Turn LEFT onto Traville Gateway Dr; Parking available in parking garage on the left. For more on directions/parking see: <http://www.shadygrove.umd.edu/about/visit>

For questions or more information see our website: www.mddcapt.org

Check-in and Breakfast will begin at 8:30 am!