



Maryland/DC Association for Play Therapy Presents:
**CREATIVE INTERVENTIONS FOR
CHILDREN AND FAMILIES COPING WITH LOSS**

Liana Lowenstein, MSW

Saturday, March 20, 2010 9AM-4:30PM

Gallaudet University

Jordan Student Activities Center (Multipurpose Room)

800 Florida Ave NE, Washington DC

ABOUT THE WORKSHOP

When children enter therapy because they have experienced a significant loss, they are at a very vulnerable time in their lives. They are often anxious about the therapeutic process and reluctant to talk directly about difficult issues. Activities that are creative and play-based can engage children and help them to express their thoughts and feelings. The purpose of this one-day workshop is to provide mental health professionals with creative interventions to engage, assess, and treat children and families coping with loss. A range of innovative activities will be presented, including therapeutic games, art, puppets, role-plays, and stories. Studies have demonstrated the effectiveness of these play-based interventions for children. Interventions will be presented for use with children in individual, group, and family counseling. Although the focus of this workshop will be on grief and loss, many of the interventions can be adapted for use with a wide variety of other treatment populations.

Learning Objectives: Upon completion of this course, you will be able to:

- Describe factors that mediate the child's experience of loss
- Assess children and families based on an innovative, play-based assessment model
- Articulate strategies to intervene in complex bereavement cases, such as suicide and homicide
- Identify and treat aligned, estranged, and alienated children in separated/divorced families
- Demonstrate knowledge of your ability to modify interventions learned to assess and treat a variety of issues related to trauma and loss

ABOUT THE PRESENTER

Liana Lowenstein, MSW, CPT-S, is an author, international workshop presenter, and clinician specializing in assessing and treating children and families. She currently maintains a private practice in Toronto and provides clinical supervision and consultation to mental health practitioners. She has a reputation as a dynamic workshop leader and has presented trainings across North America and abroad. She is the author of numerous publications including the books, *Paper Dolls & Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children* (Crisci, Lay, and Lowenstein, 1997), *Creative Interventions for Troubled Children & Youth* (1999), *Creative Interventions for Children of Divorce* (2006), and *Creative Interventions for Bereaved Children* (2006).



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FEE: \$100 (non-APT members) \$75 (APT members); \$50 (students)
(Fee includes 6 CE credits, light breakfast, and lunch)

PLEASE PRINT:

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Business/Employer/University: _____

Business Phone: _____ Home _____

Cell: _____

Email: _____

TYPE OF CE credits: Play Therapy Social Work Counseling Psychology

CONTINUING EDUCATION:

This activity is being co-sponsored by IDEALS/National Institute of Relationship Enhancement (NIRE) and the MD/DC Association for Play Therapy. IDEALS/National Institute of Relationship Enhancement is approved by the American Psychological Association to offer continuing education for psychologists; NIRE maintains responsibility for the program and its content. The National Institute of Relationship Enhancement (NIRE) has been approved by the Maryland State Board of Social Work Examiners to sponsor Category I continuing education programs. The National Institute of Relationship Enhancement (NIRE) is recognized by the National Board of Certified Counselors to offer continuing education for National Certified Counselors. We adhere to NBCC Continuing Education Guidelines. NBCC Provider #: NIRE 5560 IDEALS/NIRE is approved by the Association for Play Therapy to offer continuing education specific to play therapy. APT Approved Provider 95-009. IDEALS/NIRE maintains responsibility for this program.

MAIL form & check made payable to:

MD/DC Association for Play Therapy, c/o Florence Augustin
P.O. Box 4283, Silver Spring, MD 20914

*** OR ***

FAX form to: 301-881-8043 Attn: Bill McNulty

DIRECTIONS TO GALLAUDET UNIVERSITY:

Metro Rail: (RED LINE)

The New York Ave-Florida Ave-Gallaudet University: station is 5 blocks from the campus.

Driving Directions

From Points North- take interstate 95 South, to 495 Washington Beltway South, to 295 South/BWI Parkway. Exit at Route 50/NY Avenue. Turn Left at first traffic light- Bladensburg Road, Make a Right on Mount Olivet Road, then at second traffic light make a Left onto West Virginia Avenue. At first traffic light, make a Right onto Florida Avenue and proceed to the first Right into the Gallaudet campus. Bear right to the Student Center and Parking.

From Points South- Take Rt. 395 North into Washington (via 14th Street Bridge) Stay on I395. After the exit for South Capitol, exit at 6th Street. At the bottom of the ramp go Straight. At the third traffic light turn Left onto 8th Street, SE. Proceed North to Florida Avenue, NE. Follow 8th Street until it dead ends at Florida Avenue, NE – Gallaudet's Main Entrance. Bear right to the Student Center and Parking.