

| Name | Description (If not explained by the title ex. Toy, Book) | Location (Where can it be found?) | Website (If Applicable) |
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| Self Esteem Shop | Website to buy professional, parent's and children's books, puppets and sand tray miniatures | | http://www.selfesteemshop.com |
| Rocks | Can be used to help externalize a clients feelings. Can be used as a tool for clients to describe things that they are experiencing. | In mall landscaping median strip. Michael's store -bags of different colors and sizes. | |
| "Watch Me Play, Watch Me Learn, In Nature" | Book: Authors: Ellen Biderman and Daina Montoya, Published by Family Development Program College of Education University of New Mexico 2012 | http://fdp.unm.edu/resources/books/watch-me-play-watch-me-learn-in-nature.html | http://fdp.unm.edu/resources/books/watch-me-play-watch-me-learn-in-nature.html |
| Markers, Crayons, and Color Pencils | | | |
| ToysOfTheTrade.com | Website to buy sand tray miniatures | | |
| ChildTherapyToys.com | Website to buy sand tray miniatures | | |
| Puppets by Folkmanis | For symbolic play with children, groups and families. The Folkmanis site will list stores in your area and you may also purchase them from the Self Esteem Shop. | http://www.folkmanis.com/Content/17.htm | |
| Where will you be five years from today? | Book: Written by Dan Zadra, Edited By Kristel Wills Published by Compendium, Inc. 2009 | | |
| Childs first book of Play Therapy | Published by APA | | http://www.apa.org/pubs/magination/4317180.aspx |
| Anatomy & Functional Areas of the Brain | Norton Professional Books | Self Esteem Shop 32839 Woodward Ave Royal Oak, MI 48073 | http://www.selfesteemshop.com |
| Theraplay Activities Flip Book | 115 Fun Theraplay activities for parent-child play | Theraplay Institute 1840 Oak Avenue, Suite 320, Evanston, IL 60201 | http://theraplay.com |
| What to do with when you series.... | Books By Dawn Hebner | | http://www.selfesteemshop.com |
| The Incredible 5-point Scale | Book By Kari Dunn Buron and Mitzi Curtis Book aids students with autism spectrum disorders in understanding social interactions and controlling their emotional responses | | http://www.selfesteemshop.com |
| Max | Cooperative Game | | http://www.selfesteemshop.com |
| Sleeping Grump | Cooperative Game | | http://www.selfesteemshop.com |
| Play Again - Film | Produced by: Ground Productions Resources to use to get kids outside | | http://playagainfilm.com/ |
| Scaredy Squirrel Has a Birthday Party | Author: Melanie Watt This series of book speaks about a squirrel who deals with specific anxieties and how they are handled. | www.scaredysquirrel.com/books.html | http://www.selfesteemshop.com |
| Gonoodle.com | | | |
| calm.com | Relaxing music | | |
| Yoga Pretzels | 50 fun yoga activities for kids and grownups by Tara Guber and Leah Kalish introduced by Baron Baptiste and illustrated by Sophie Fatus | | http://www.selfesteemshop.com |
| Epic Patty Cake song and video | | https://www.google.com/search?q=epic+patty+cake+song&ie=utf-8&oe=utf-8 | |
| Bright Spots Cards | A series with many versions. Here is the description for one version. Thoughts and Feelings is a cheerfully animated card game designed to engage children of all ages. The deck contains 35 sentence completion cards especially effective in helping children identify and communicate their thoughts and feelings on a variety of topics. | | http://www.selfesteemshop.com/?s=bright+spot&post_type=product |
| Plan Toys Dollhouse and family figures | Dollhouses, figures, accessories. Sturdy. | Plan Toys are distributed many places. Search Amazon for sales. I listed one supplier. | http://www.oompa.com/collections/dollhouses |
| Emotes | From website: Emotes is a unique social-emotional learning program that encourages children to increase their ability to identify, understand and express their emotions. Through books, games and play therapy toys, children explore their emotional and social world in a fun and engaging way. | | http://www.emotes.com/v2/index.php |
| Sitting still like a frog - Book | Mindfulness exercises for children and parents | | http://www.selfesteemshop.com |
| CNN - Children in Nature Network | Children in Nature Network | http://www.childrenandnature.org/ | |

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| Peacock feathers | | http://www.save-on-crafts.com/pefe.html | |
| Thinkets | Miniature miniatures! | | http://www.selfesteemshop.com |